Overview
This meeting endeavors to provide answers to the most commonly asked and most difficult questions in the management of post reproductive health. Nationally and internationally recognised speakers will cover the evidence base to answer the most controversial questions in important areas such as:

- Diagnosis and management of premature ovarian failure
- Osteoporosis and cardiovascular management
- Cognition and Alzheimer’s disease
- Interactive session on practical prescribing
- Alternatives to HRT

Each presentation will include case studies to illustrate management principles.

The meeting will closely follow the recommended syllabus and is suitable for the theoretical component of the RCOG/ BMS ‘Menopause’ Advanced Training Skills Module (ATSM) and the Faculty of Sexual and Reproductive Healthcare Advanced Menopause Certificate.

Who should attend?
- All trainees and consultants in obstetrics and gynaecology
- Those who are registered, or plan to register, for the ‘Menopause’ ATSM
- Family planning doctors
- General practitioners
- Specialist nurses
- Health care professionals who care for menopausal women
- Sexual health doctors with a special interest in the menopause
- Staff Doctors, Staff Grades, Trust Doctors and Associate Specialists

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After completing this course, you will be able to

• Recognise the ways in which menopause can affect quality of life and long term health
• Target investigations according to each clinical scenario
• Individualise hormonal and alternative therapeutic regimens that best suit your patients
• Manage patients with menopause related problems confidently
• Identify and fully comprehend key research in the field of post reproductive medicine
• Obtain the BMS/FSRH Advanced Menopause Certificate
• Claim a maximum of 13 CPD credits for full attendance at this meeting

Course Organiser:
Mr Nick Panay MRCOG, London

Honorary Director of Conferences:
Miss Ranee Thakar MD MRCOG, London

Honorary Deputy Director of Conferences:
Mr Nick Panay MRCOG, London

“Very well presented conference with all the speakers presenting very relevant information”

Postmenopausal Health, delegate
26–27 November 2013
PROGRAMME

Tuesday 25 November

9.00am REGISTRATION and REFRESHMENTS

Session I: Training, guidelines and legal issues
Chair: Mr Nick Panay, Immediate Past Chairman, British Menopause Society; Consultant Gynaecologist, Imperial College and Chelsea and Westminster Hospitals

9.15am Welcome and “Advances in Menopause Training”
Mr Nick Panay

9.30am New BMS recommendations on menopause and HRT
Mr Eddie Morris, Chairman, British Menopause Society; Norfolk and Norwich University Hospital

10.00am Progress in global menopause guidance
Professor Mary Ann Lumsden, Professor of Medical Education and Gynaecology, Consultant Gynaecologist, University of Glasgow

10.30am HRT prescribing – is medico legal guidance needed?
Mr Nick Nicholas, Consultant in Obstetrics and Gynaecology, Hillingdon Hospital, Uxbridge

11.00am REFRESHMENTS

Session II: Premature ovarian insufficiency (POI) and contraception
Chair: Mr Eddie Morris

11.30am POI – optimising hormonal health
Mr Nick Panay

12.00pm Fertility options for poor ovarian reserve
Mr Michael Savvas, Consultant Gynaecologist, Kings College Hospital, London

12.30pm Perimenopausal contraception: review and case studies
Dr Tina Peers, Consultant in Contraception and Reproductive Health, Clinical

1.00pm LUNCH (2 course standing fork lunch)

Session III: Pathophysiology: the urogenital system
Chair: Ms Claudine Domoney, Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital, London

2.00pm Urogenital prolapse and incontinence: is there a role for HRT?
Mr Vik Khullar, Consultant Obstetrician and Gynaecologist, Imperial College London

2.30pm Vulvo-vaginal atrophy: increasing global awareness
Professor Rossella Nappi, Professor of Obstetrics and Gynecology, University of Pavia, IRCCS Policlinico San Matteo, Pavia, Italy

3.10pm REFRESHMENTS
Session IV: Pathophysiology: central nervous system  
Chair: Professor Rosella Nappi

3.30pm  **Is dementia preventable? – optimising cognition**  
Mr Anthony Mander, Consultant Gynaecologist, Manor Hospital, Oxford; President of Food and Health, Royal Society of Medicine, London

4.00pm  **Reproductive depression – pathophysiology and case studies**  
Professor John Studd, Menopause and Osteoporosis Centre, Wimpole Street, London

4.30pm  **Psychosexual problems and case studies**  
Ms Claudine Domoney

5.10pm  **ASK THE PANEL**  
Anything not clear on day 1 and case studies  
Mr Nick Panay, Ms Claudine Domoney, Mr Tony Mander, Professor Rossella Nappi, Professor John Studd

5.30pm  **CLOSE**

Wednesday 26 November

8.30am  **REGISTRATION and REFRESHMENTS**

Session V: Pathophysiology – Cardiovascular/Bone/CNS  
Chair: Mr Tim Hillard, Clinical Lead for Gynaecology, Consultant Obstetrician and Gynaecologist, Poole Hospital NHS Foundation Trust

9.00am  **Cardiovascular risk and HRT**  
Professor Peter Collins, Professor of Clinical Cardiology, National Heart and Lung Institute, Imperial College London; and Honorary Consultant Cardiologist, Royal Brompton Hospital, Royal Brompton and Harefield NHS Foundation Trust

9.30am  **Osteoporosis: HRT and alternatives**  
Dr John Stevenson, Consultant Physician and Reader in Metabolic Medicine, National Heart and Lung Institute; Royal Brompton Hospital, London

10.00am  **Migraine and stroke: the role of hormones?**  
Professor Anne MacGregor, Associate Specialist in Sexual and Reproductive Healthcare, Barts Health NHS Trust, London

10.30am **REFRESHMENTS**
**Session VI: Practical management – bleeding problems and case studies**
*Chair: Dr John Stevenson*

11.00am **Perimenopausal bleeding – medical management**  
Mr Tim Hillard

11.30am **Perimenopausal bleeding – modern surgical management**  
Mr Justin Clark, Consultant Obstetrician and Gynaecologist; Honorary Senior Lecturer, Birmingham Women’s Hospital

12.00pm **Case studies in practical menopause management**  
Dr Sarah Gray, GP Specialist in Women’s Health; Primary Care Lead for Contraception and Sexual Health, Cornwall

12.40pm **LUNCH (2 course standing fork lunch)**

**Session VII: Breast management issues: clarity after controversy**  
*Chair: Ms Joan Pitkin, Consultant Gynaecologist, Northwick Park Hospital*

1.40pm **Breast Imaging: what is state of the art?**  
Professor Erika Denton, National Clinical Director for Diagnostics, NHS England; Consultant Radiologist, Norfolk and Norwich University Hospital

2.10pm **Breast cancer and HRT**  
Miss Jo Marsden, Consultant Breast Surgeon, Kings College London

2.50pm **REFRESHMENTS**

**Session VIII: Practical prescribing – HRT, SERMS and CAMS**  
*Chair: Jo Marsden*

3.30pm **Advances in HRT and SERMS**  
Mr Etienne Horner, Consultant Obstetrician and Gynaecologist, Imperial College Healthcare NHS Trust, London

4.00pm **Androgens and complementary therapies**  
Ms Joan Pitkin

4.40pm **ASK THE PANEL**  
Anything not clear on day 2 and case studies  
Mr Nick Panay, Miss Jo Marsden, Ms Joan Pitkin, Mr Etienne Horner, Dr Sarah Gray

5.00pm **CLOSE**
Sponsorship and Exhibition:

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Shakira Rodrigues Tel: +44 (0)20 7772 6207 Email: srodrigues@rcog.org.uk
Venue

Venue: RCOG, 27 Sussex Place, Regent’s Park, London NW1 4RG.
Tel: 020 7772 6200 Fax: 020 7772 6388
Train: Marylebone Station - 10 minute walk
Underground: Baker Street - 10 minute walk
Parking: Regent’s Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road; Tel: 0870 242 7144 for further information

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on +44 20 7772 6245.

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